

Blue Cross and Blue Shield of Vermont

ENSURING EQUITY FOR TRANSGENDER PEOPLE

www.bluecrossvt.org



Praise for BCBSVT's ongoing work in gender affirming care:

"This is wonderful – thanks so much for the continued good work Blue Cross and Blue Shield of Vermont is doing to make your values, and actions, known. Grateful."

– Dana Kaplan,
executive director, Outright

Blue Cross and Blue Shield of Vermont (BCBSVT) is working to ensure equity in Vermont's transgender population by providing access to health care that supports the overall well-being of individuals seeking gender affirmation. BCBSVT do this by helping each of these members navigate and coordinate care and services in a complex health care system that, historically, were inaccessible, which mitigated serious mental health concerns.

This is a decade-long journey to realize BCBSVT's vision of transforming health care and improving the overall health outcomes of transgender members. The company looks at health care in a holistic way to identify what is important to members seeking gender affirming care and how it can support them. BCBSVT works with specialty providers in this space to refine its policy and to connect with patients wherever they live geographically.

