UNHEALTHY BEHAVIORS CONTRIBUTE TO HIGH HEALTHCARE COSTS

1 in 5 adults use tobacco
1 in 3 adults are obese
1 in 6 adults consume alcohol excessively*

$170 billion annual spending
$147 billion annual spending
$185 billion annual spending

DIRECT HEALTHCARE SPENDING

SOURCES:
Alcohol Use: www.cdc.gov/features/alcoholconsumption
Binge Drinking: www.cdc.gov/vitalsigns/bingedrinking
Obesity: www.cdc.gov/obesity/data/adult.html
Tobacco: www.cdc.gov/tobacco/data_statistics/fact_sheets/fast_facts

*Men drinking 5 or more alcoholic drinks; Women drinking 4 or more alcoholic drinks in a short amount of time