

UNHEALTHY BEHAVIORS CONTRIBUTE TO HIGH HEALTHCARE COSTS

1 in 5 USE TOBACCO



1 in 3 ARE OBESE



1 in 6 CONSUME ALCOHOL EXCESSIVELY*



DIRECT HEALTHCARE SPENDING

\$170
BILLION

ANNUAL SPENDING

\$147
BILLION

ANNUAL SPENDING

\$185
BILLION

ANNUAL SPENDING

SOURCES:

Alcohol Use: www.cdc.gov/features/alcoholconsumption

Binge Drinking: www.cdc.gov/vitalsigns/bingedrinking

Obesity: www.cdc.gov/obesity/data/adult.html

Tobacco: www.cdc.gov/tobacco/data_statistics/fact_sheets/fast_facts

*Men drinking 5 or more alcoholic drinks; Women drinking 4 or more alcoholic drinks in a short amount of time

